# **Alarming Decline in Addiction Treatment Rates: Medicare Patients Hit Hard**

Addiction is a chronic and devastating disease that affects millions of Americans. However, a recent study has revealed a disturbing trend: addiction treatment rates have dropped significantly since 2024, with Medicare patients disproportionately affected. This alarming decline has raised serious concerns among healthcare professionals, policymakers, and addiction advocates alike.



Addiction Treatment Rates Drop Since 2024, Especially Among Medicare Beneficiaries (OPEN MINDS Weekly

News Wire Book 2024) by Gigi M. Berardi





#### Causes of the Decline

The reasons behind the decline in addiction treatment rates are complex and multifaceted. However, several factors have been identified as potential contributors:

- Reduced funding: Funding for addiction treatment programs has been decreasing in recent years. This funding is crucial for providing access to affordable and effective treatment services.
- Stigma and discrimination: Stigma and discrimination associated with addiction can prevent individuals from seeking help. This stigma is particularly prevalent among Medicare patients, who may fear losing their eligibility for healthcare services.
- Lack of access to treatment: Even when individuals are willing to seek help, they may face barriers to accessing treatment. These barriers include long waitlists, transportation difficulties, and lack of available providers.
- COVID-19 pandemic: The COVID-19 pandemic has exacerbated many of the challenges faced by individuals with addiction. Disruption of healthcare services, social isolation, and increased stress have contributed to the decline in treatment rates.

#### **Consequences of the Decline**

The decline in addiction treatment rates has had devastating consequences for individuals with addiction and their families. These consequences include:

- Increased overdose deaths: Overdose deaths are the leading cause of accidental death in the United States. The decline in treatment rates has contributed to an increase in overdose deaths, particularly among Medicare patients.
- Deteriorating health: Addiction takes a toll on both physical and mental health. Without treatment, individuals with addiction are more

likely to experience chronic health conditions, mental illness, and disability.

 Social and economic costs: Addiction imposes significant social and economic costs, including lost productivity, homelessness, and criminal justice involvement. The decline in treatment rates has exacerbated these costs.

#### **Medicare Disparities**

Medicare patients have been disproportionately affected by the decline in addiction treatment rates. This is due to several factors, including:

- Increased age and comorbidities: Medicare patients are typically older and have more comorbidities than other populations with addiction. These factors can make it more difficult for them to access and benefit from treatment.
- Stigma and discrimination: Stigma and discrimination against addiction is particularly prevalent among older adults. This can prevent them from seeking help or disclosing their addiction to healthcare providers.
- Lack of specialized services: Many addiction treatment programs are not designed to meet the unique needs of older adults. This can result in inadequate or ineffective treatment.

#### **Potential Solutions**

Addressing the decline in addiction treatment rates requires a comprehensive approach that involves multiple stakeholders. Potential solutions include:

- Increase funding: Investing in addiction treatment programs is crucial for increasing access to affordable and effective services.
- Reduce stigma and discrimination: Education and awareness campaigns can help to reduce stigma and discrimination associated with addiction.
- Improve access to treatment: Expanding telehealth services, increasing the availability of transportation, and providing more treatment options can improve access to care.
- Address the needs of Medicare patients: Developing specialized addiction treatment programs for older adults, increasing awareness among healthcare providers, and reducing stigma can improve treatment outcomes for Medicare patients.

The decline in addiction treatment rates is a serious public health crisis. This trend has disproportionately affected Medicare patients, exacerbating overdose deaths, deteriorating health, and social and economic costs. Addressing this decline requires a comprehensive approach that includes increasing funding, reducing stigma, improving access to treatment, and addressing the unique needs of Medicare patients. By working together, we can help individuals with addiction get the treatment they need to recover and rebuild their lives.

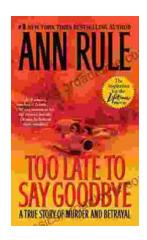
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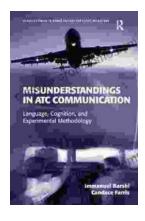
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