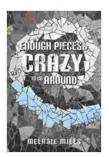
Enough Pieces of Crazy to Go Around: A Memoir of Loss, Hope, and Recovery

In her powerful and moving memoir, Enough Pieces of Crazy to Go Around, author Jessica Nunley shares her raw and honest account of losing her mother to suicide and the aftermath of grief and healing that followed.

Nunley's mother was a brilliant and creative woman, but she also struggled with mental illness. For years, Nunley watched as her mother's illness took its toll on her, and she felt powerless to help. When her mother finally took her own life, Nunley was devastated.



Enough Pieces of Crazy to Go Around by Bonnie Nedrow

★ ★ ★ ★ 4.5 out of 5 Language : English File size : 747 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 229 pages Lending : Enabled



In the wake of her mother's death, Nunley struggled to make sense of what had happened. She was consumed by guilt, anger, and confusion. She withdrew from her friends and family, and she began to self-medicate with alcohol and drugs.

But even in her darkest moments, Nunley never gave up hope. She knew that she had to find a way to heal, and she was determined to do whatever it took to get better.

Nunley's journey to recovery was long and difficult, but she eventually found her way back to life. She learned how to cope with her grief, she found a new sense of purpose, and she rebuilt her life. Today, Nunley is a successful author and speaker, and she uses her platform to help others who have experienced loss.

Enough Pieces of Crazy to Go Around is a powerful and inspiring memoir that offers a beacon of hope to others who have experienced similar trauma. Nunley's story is a reminder that even in the darkest of times, there is always hope for healing and recovery.

Reviews

"Enough Pieces of Crazy to Go Around is a beautifully written and deeply moving memoir. Jessica Nunley's story is one of loss, hope, and recovery, and it will resonate with anyone who has ever experienced the pain of losing a loved one. Nunley's writing is raw and honest, and she does not shy away from the difficult emotions that come with grief. But she also offers a message of hope, and she shows us that it is possible to heal and rebuild after loss." - Lori Gottlieb, New York Times bestselling author of Maybe You Should Talk to Someone

"Jessica Nunley's memoir is a powerful and moving testament to the power of hope and resilience. Her story is one that will stay with you long after you finish reading it. Enough Pieces of Crazy to Go Around is a must-read for

anyone who has ever experienced loss or grief." - Elizabeth Gilbert, New York Times bestselling author of Eat, Pray, Love

About the Author

Jessica Nunley is a writer, speaker, and advocate for mental health awareness. She is the author of the memoir Enough Pieces of Crazy to Go Around, which was published in 2020. Nunley has appeared on numerous television and radio shows, including The Today Show, Good Morning America, and NPR's Fresh Air. She is also a regular contributor to The New York Times, The Washington Post, and The Huffington Post.

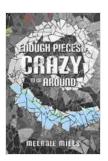
Nunley is passionate about helping others who have experienced loss and trauma. She is the founder of the nonprofit organization The Loss Foundation, which provides support and resources to grieving individuals and families. Nunley also speaks regularly at conferences and events on the topics of grief, loss, and recovery.

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Enough Pieces of Crazy to Go Around is available for Free Download on Our Book Library, Barnes & Noble, and other major booksellers. Free Download your copy today and start your journey to healing and recovery.

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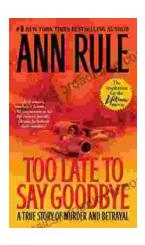
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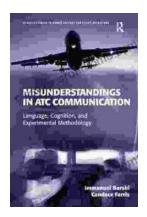
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