

Prayed Upon: Breaking Free from Therapist Abuse



Prayed Upon: Breaking Free from Therapist Abuse

by Amy Nordhues

★★★★☆ 4.6 out of 5

Language	: English
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Word Wise	: Enabled
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Lending	: Enabled
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Therapist abuse is a serious problem that can have devastating consequences for its victims. This type of abuse can take many forms, including physical, emotional, and sexual abuse. It can also involve financial exploitation, neglect, and spiritual abuse.

Therapist abuse is often difficult to identify because it can be subtle and insidious. The therapist may be a trusted figure who the victim looks up to. The victim may also be unaware of the fact that they are being abused.

If you think you may be a victim of therapist abuse, it is important to reach out for help. There are many resources available to help you, including

therapists who specialize in working with survivors of abuse.

The book *Prayed Upon: Breaking Free from Therapist Abuse* is a valuable resource for survivors of this type of trauma. The book provides insights into the dynamics of therapist abuse and offers practical advice for healing and recovery.

What is Therapist Abuse?

Therapist abuse is a type of abuse that occurs when a therapist violates the trust of their client. This can take many forms, including:

- Physical abuse
- Emotional abuse
- Sexual abuse
- Financial exploitation
- Neglect
- Spiritual abuse

Therapist abuse can have devastating consequences for its victims. Victims may experience a wide range of symptoms, including:

- Anxiety
- Depression
- PTSD
- Relationship problems
- Trust issues

- Low self-esteem
- Suicidal thoughts

How to Identify Therapist Abuse

Therapist abuse can be difficult to identify because it can be subtle and insidious. The therapist may be a trusted figure who the victim looks up to. The victim may also be unaware of the fact that they are being abused.

However, there are some signs that may indicate that you are being abused by your therapist. These signs include:

- Your therapist is making you feel uncomfortable or unsafe.
- Your therapist is pressuring you to do things that you don't want to do.
- Your therapist is crossing professional boundaries, such as by touching you or making sexual comments.
- Your therapist is exploiting you financially.
- Your therapist is neglecting your needs.
- Your therapist is engaging in spiritual abuse, such as by making you feel guilty or ashamed.

How to Get Help

If you think you may be a victim of therapist abuse, it is important to reach out for help. There are many resources available to help you, including:

- Therapists who specialize in working with survivors of abuse
- Support groups for survivors of therapist abuse

- Legal resources
- Hotlines
- Online resources

The Book Prayed Upon

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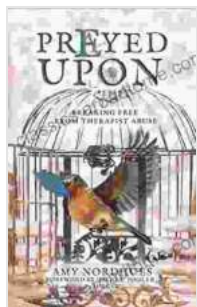
The book is written by two survivors of therapist abuse, Mary Ellen Rose and Debi LaPlante. Rose is a licensed therapist and LaPlante is a recovery coach. Both women have dedicated their lives to helping survivors of therapist abuse heal and rebuild their lives.

Prayed Upon is a powerful and inspiring book that offers hope and healing to survivors of therapist abuse. The book is filled with personal stories, practical advice, and resources. It is a must-read for anyone who has been affected by this type of trauma.

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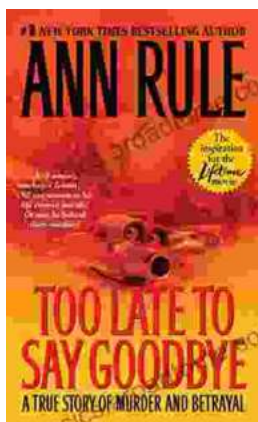
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