

# The Ultimate Guide to Making Disinfectant and Hand Sanitizer at Home (Plus Bonus Recipes!)

With the recent outbreak of COVID-19, it's more important than ever to keep your hands clean and disinfected. But with store shelves empty, it can be hard to find hand sanitizer and disinfectant. That's why we've put together this guide to help you make your own at home.



## Hand Sanitizer: A guide to make disinfectant and hand sanitizer at home, plus a bonus to make homemade face mask

by Andrea Warrentth

★★★★★ 5 out of 5



### Making Disinfectant at Home

Disinfectant is a substance that kills germs and bacteria. It can be used to clean surfaces, objects, and even your hands.

To make disinfectant at home, you will need the following ingredients:

- 1 cup of water

- 1/2 cup of white vinegar
- 1/4 cup of rubbing alcohol
- 10 drops of essential oil (optional)

Instructions:

1. In a spray bottle, combine the water, vinegar, and rubbing alcohol.
2. Add the essential oil, if desired.
3. Shake well and use as needed.

## **Making Hand Sanitizer at Home**

Hand sanitizer is a liquid or gel that is used to kill germs and bacteria on your hands.

To make hand sanitizer at home, you will need the following ingredients:

- 2/3 cup of rubbing alcohol
- 1/3 cup of aloe vera gel
- 10 drops of essential oil (optional)

Instructions:

1. In a bowl, combine the rubbing alcohol and aloe vera gel.
2. Add the essential oil, if desired.
3. Stir well and pour into a travel-sized bottle.

## **Bonus Recipes**

In addition to the basic recipes for disinfectant and hand sanitizer, we've also included a few bonus recipes for other cleaning products that you can make at home.

## **All-Purpose Cleaner**

This all-purpose cleaner can be used to clean surfaces, floors, and windows.

Ingredients:

- 1 cup of water
- 1/2 cup of white vinegar
- 1/4 cup of castile soap
- 10 drops of essential oil (optional)

Instructions:

1. In a spray bottle, combine the water, vinegar, castile soap, and essential oil.
2. Shake well and use as needed.

## **Glass Cleaner**

This glass cleaner is perfect for cleaning windows, mirrors, and other glass surfaces.

Ingredients:

- 1 cup of water

- 1/2 cup of white vinegar
- 1/4 cup of rubbing alcohol

Instructions:

1. In a spray bottle, combine the water, vinegar, and rubbing alcohol.
2. Shake well and use as needed.

## **Floor Cleaner**

This floor cleaner is safe to use on all types of floors, including hardwood, tile, and linoleum.

Ingredients:

- 1 gallon of water
- 1/2 cup of white vinegar
- 1/4 cup of castile soap

Instructions:

1. In a bucket, combine the water, vinegar, and castile soap.
2. Mop your floors as usual.

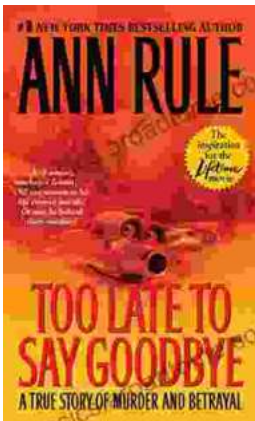
With these recipes, you'll never have to worry about running out of disinfectant or hand sanitizer again. So stock up on supplies and start making your own today!



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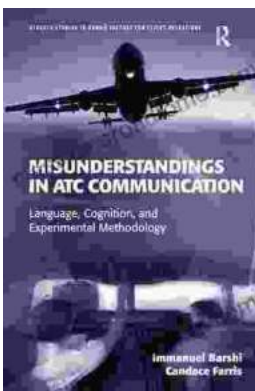
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