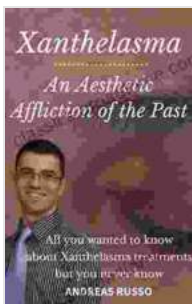


# Xanthelasma: An Aesthetic Affliction of the Past

Xanthelasma, characterized by yellowish cholesterol deposits around the eyes, was once an embarrassing and persistent aesthetic concern. Fortunately, with today's advancements in medical aesthetics, xanthelasma can be effectively treated, offering relief from this unsightly condition.

## Understanding Xanthelasma

Xanthelasma is a benign skin condition that manifests as yellowish or orange-colored plaques around the eyes, typically on the inner corners of the upper and lower eyelids. These growths are composed of lipid-laden cells known as macrophages and are often a sign of high cholesterol levels.



## Xanthelasma An Aesthetic Affliction of the Past

by Andreas Russo

★★★★★ 5 out of 5

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While xanthelasma is not life-threatening, it can cause significant emotional distress due to its unsightly appearance. Individuals with xanthelasma may

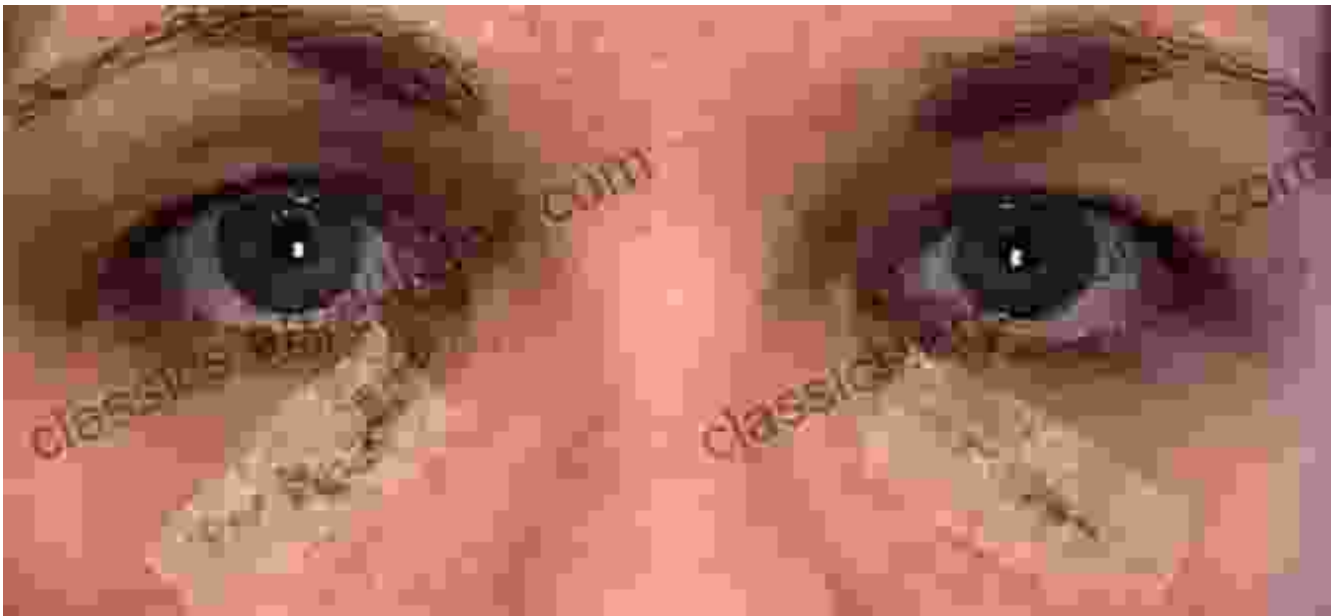
avoid social situations or hide their faces in public, leading to a decline in self-esteem.

## **Advanced Treatments for Xanthelasma**

In the past, treatments for xanthelasma were limited and often ineffective. However, recent advancements in medical technology have introduced several highly effective methods to eliminate these unsightly growths:

### **1. Surgical Excision**

Traditional surgical excision involves removing the xanthelasma growth using a scalpel or laser. This method provides immediate results but can leave a visible scar.



### **2. Trichloroacetic Acid (TCA) Treatment**

TCA is a chemical agent that can be used to ablate (remove) xanthelasma lesions. It involves applying a strong acid solution to the growth, which triggers inflammation and leads to the eventual peeling and removal of the

lesion. TCA treatment requires multiple sessions and can cause temporary redness and discomfort.



TCA treatment for xanthelasma

### 3. Plasma Treatment

Plasma treatment is a non-invasive procedure that uses a plasma pen to create a controlled wound on the surface of the xanthelasma lesion. The wound triggers a healing response that results in the removal of the growth and the formation of new skin. Plasma treatment is typically done in a single session and has minimal downtime.



## Choosing the Right Treatment

The best treatment for xanthelasma depends on the size, location, and severity of the lesions. It is important to consult with a qualified medical professional who can assess the condition and recommend the most appropriate treatment option.

In some cases, a combination of treatments may be necessary to achieve the desired results. For instance, TCA treatment may be combined with surgical excision for larger lesions or those that are difficult to treat.

## **Benefits of Xanthelasma Treatment**

Eliminating xanthelasma offers numerous benefits:

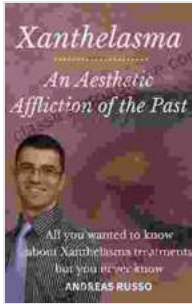
- Improved self-esteem and confidence
- Enhanced facial aesthetics
- Reduced risk of health complications related to high cholesterol levels
- Comfortable and non-invasive treatment options
- Permanent removal of unsightly growths

Xanthelasma is no longer an aesthetic affliction that individuals have to endure. With advanced treatments available today, these unsightly growths can be effectively removed, restoring confidence and enhancing facial aesthetics. By consulting with a qualified medical professional, individuals can find the most suitable treatment to overcome xanthelasma and reclaim a renewed self-image.

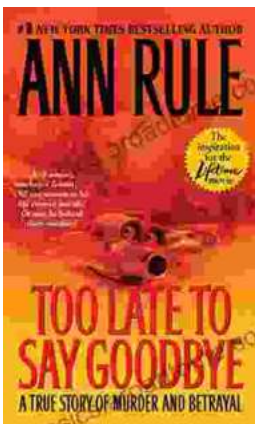
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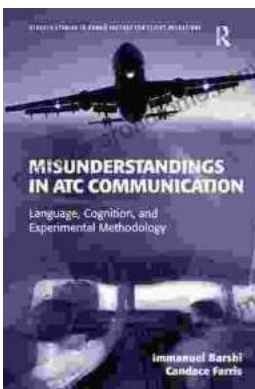


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